

TABLE FOR DETERMINING WHEN A PITCHER CAN PITCH AGAIN

# OF PITCHES A PITCHER THROWS IN A GAME	IF YOUR GAME DAY IS:						
	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Then, Your Earliest Next Pitching Date is:						
If: 1 to 20 pitches thrown, Then: No days of rest	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
If: 21 to 35 pitches thrown, Then: 1 day of	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
If: 36 to 50 pitches thrown, Then: 2 days of	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
If: 51 to 65 pitches thrown, Then: 3 days of	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
If: over 65 pitches thrown, Then: 4 days of rest	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY

SYNOPSIS OF PITCHING RULES

1.	MAXIMUM NUMBER OF PITCHES PER DAY
7-8 Years Old	50 PITCHES PER DAY
9-10 Years Old	75 PITCHES PER DAY
11-12 Years Old	85 PITCHES PER DAY
13-16 Years Old	95 PITCHES PER DAY
2.	The manager must remove a pitcher when the pitcher reaches the maximum number of pitches allowed per day for that age group
3.	If the limit is reached while still pitching to a batter, the pitcher may continue until the batter is out or reaches base.
4.	The pitch counter should inform the umpire when a pitcher has delivered his/her maximum limit of pitches for the game.
5.	The player may remain in the game at another position.
6.	A Pitcher who delivers 41 or more pitches in a game cannot play the position of catcher for the remainder of that day.
7.	Any player, who has played the position of catcher for four (4) or more innings in a game, is not eligible to pitch on that calendar day.
8.	Players once removed from pitching may not return as a pitcher.
9.	Any pitches thrown while the "ball is dead" (time is out), do not count toward the pitch count total.
10.	There are no intentional walks—the pitches must be thrown and counted toward the pitch count total.